

# MAKA-LH

DIETARY SUPPLEMENT



*“Dietary supplements, it is not a medicine and does not supply a balanced diet.”*

## ***Why choose Lifehuni supplements?***

*Our dietary supplements are products made with nutrients, which are intended to supply essential elements to our body for the performance of its functions, in most people these nutrients are poorly incorporated through the usual diet.*

## Presentation

**Net content:** 60 tablets.  
**Made in Colombia.**

## How to consume?

Take one (1) capsule daily, before, during or after meals.

## Composition

Each portion offers Maca root, Soy Lecithin, Vitamin E, Vitamin A, Vitamin C, Vitamin B3 (Niacin), Vitamin B6 (Pyridoxine), Pantothenic acid, Calcium and Selenium.

## Recommendations

- Always follow the instructions on the product label.
- Keep in a cool, dry place.
- Keep out of reach of children.
- To maintain the freshness, keep the jar tightly closed.
- People with any special health condition should consult their doctor before taking this product.

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Directions: Adults, take one (1) capsule daily before, during or after meals.

## SUPPLEMENT FACTS

Serving size 1 capsule

Suggested use: for adults only.

Amount per serving		% Daily Value
<b>VITAMIN A</b> (Retinyl Acetate)	1.5mg (5000IU)	100%
<b>VITAMIN E</b> (DL-Alpha-tocopheryl Acetate)	20mg (30IU)	100%
<b>VITAMIN C</b> (Ascorbic Acid)	60mg	100%
<b>VITAMIN B1</b> (Thiamine hydrochloride)	1.5mg	100%
<b>VITAMIN B2</b> (Riboflavin)	1.7mg	100%
<b>NIACIN</b> (Niacinamide)	20mg	100%
<b>BIOTIN</b>	300mcg	100%
<b>VITAMIN B6</b> (Pyridoxine Hydrochloride)	2mg	100%
<b>PANTOTHENIC ACID</b>	10mg	100%
<b>CALCIUM</b> (From 100mg of Anhydrous Calcium Carbonate)	40mg	4%
<b>SELENIUM</b> (From 153.3mcg of Sodium Selenite Anhydrous)	70mcg	100%

**Other Ingredients:** Powdered maca root (Lepidium meyenii Walpers) 300mg, Soy lecithin 5mg, Choline 50mg.  
**SOY LECITHIN CAN CAUSE HYPERSENSITIVITY**



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